



SPA « L'Eau des cimes »

- Indoor swimming pool of 36 sqm (6 x 6m) - 32°
- Whirlpool – Sauna – Steam bath – Ice fountain – Relax area – Panoramic terrace with laying chairs

Entry for non residents

Morning

9.00 am - 1.00 pm
Pool and jacuzzi only

Adult Children
until 16 years

1 entry	sfr. 25.-	sfr. 15.-
5 entries *	sfr. 110.-	sfr. 65.-
10 entries *	sfr. 210.-	sfr. 125.-

*Pass valid for one season, 4 months

Pool/sauna towel, slippers and bathrobe included

Entry for non residents

Afternoon WINTER **2 pm to 4 pm**
Or **7 pm to 9 pm**

Afternoon SUMMER **2 pm to 9 pm**
Adult only

1 entry	sfr. 50.-
5 entries *	sfr. 225.-
10 entries *	sfr. 425.-

*Pass valid for one season, 4 months

Pool/sauna towel, slippers and bathrobe included

The Massages

The base oil used for our massages is organic sesame oil

- 50-minutes massages: sfr. 120.-
 - ◊ «Mountain Anniviers» with essential Swiss pine and silver fir oils
 - ◊ «Special bliss» with essential cedar, clove, bergamot and patchouli oils
 - ◊ Tonic massage with essential geranium, rosemary and rosewood oils
 - ◊ Athletic massage: preparation before athletic event
 - ◊ Slimming massage with essential juniper, sage and lavender oils
- **Head massage + hands + foot** : eliminates muscular tensions and . Organic sesame oil. (50 min.) sfr. 120.-
- **Relaxing « Delicatesse »** massage with organic oil of grape seeds, special for mums-to-be (50 min.) sfr. 120.-
- **Planta reflexology**: acts on the different organs of the body to locate the tension and restore the balance (50 min.) sfr. 120.-
- **Massage with gossamer sachets of alpine flowers from the Val d'Anniviers** (yarrow flowers, alchemilla, wild geranium, pansy, trefoil, peppermint). Curative effect. (50 min) sfr. 155.-
- **Hot Stone therapy** : massage which uses hot volcanic stones. Deep relaxation effect (80 min.) sfr. 180.-
- **Hot Stone from the river**: massage for revitalizing due to the energized gneiss pebble from the Navizence (main river of the Val d'Anniviers) (80 min.) sfr. 180.-
- **Ayurveda / Abhyanga** : traditional Indian massage with heated biological sesame oil, relaxing, nutritious, purifying, boosting the immune system (110 min.) sfr. 220.-

Prices for massages and treatments include access to the pool and the SPA facilities
Cancellation must be made 24 hours in advance otherwise the booking will be fully billed.

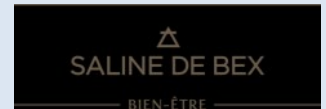
CH—3961 St-Luc - Val d'Anniviers - www.bellatola.ch - bellatola@bluewin.ch - 027 475 14 44



Body treatments

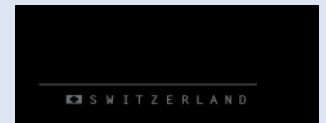
Scrub and salt body wrap – 50 minutes – sfr. 155.-

This salt comes from the Swiss Alps, helps to the healing, is an antiseptic and activates the cellular regeneration and the micro traffic



Nature complex - 80 minutes - sfr. 180.-

Scrub with alp salt and tonic massage with essential geranium, rosemary and rosewood oils



« Slimming Meadows » (Alpeor) - 80 min. - sfr. 180.-

Heating slimming wrap followed by slimming massage « manual, palpate and roll » to Alpeor massage gel, contains snow algae. Defibrose the cellulite and activates the longevity of the cells, hydrates the skin

Bacchus Ritual «fructum Vitis» - 80 min. sfr. 180.-

Soft scrub and grape-pip « fructum Vitis » body wrap. This treatment contains antioxidants, A and E vitamins and lecithin. Local bio production.



Man's world

- « Flat stomach » abdominal massage (50 min.) sfr. 120.-
Slimming work on the abdomen and muscular relaxation
- Athletic massage, work on long muscles before athletic efforts (50 min) sfr. 120.-
- « Nature » complex (80 min.) sfr. 180.-
Scrub with alp salt and tonic massage

Our Signature treatment: « Ritual from Anniviers »

« A moment of relaxation to help you to evacuate the muscular and articular tensions - 110 min. sfr. 220.-

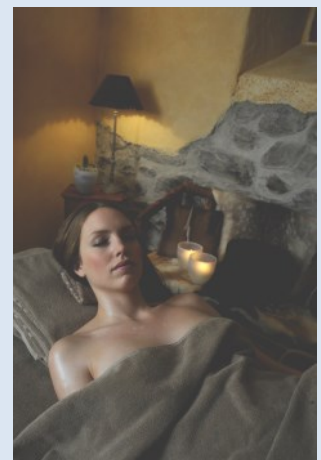
10' : steambath with pine scents to relax your skin

25' : scrub with yarrow flowers. Exfolie, raffermit et purifie. L'achillée mille-feuilles, est une plante réputée pour ses propriétés cicatrisantes et nourrissantes

25' : body wrap with glacial clay. To help ease sore muscles. This clay comes directly from the glacier of Moiry above Grimentz. It is enriched with essential oils of rose hips wood, floral essences and glacier water

50' : relaxing massage with herbal flower pouches from the Val d'Anniviers and thyme, mint or sage infusion.

Thyme, mint or sage infusion



General Conditions

Free use of the SPA with bathrobe and slippers included in all massages and treatments.
Hotel guests: 10% reduction except packages

- 1) Extra charge of sfr. 45.- to access to the pool and the spa (with bathrobe, towel and slippers)
- 2) Including the free access to the swimming pool and the spa with bathrobe, towel and slippers



Facial treatments

Glacial clay facial treatment/soin à la terre glacière - 50 min. - sfr. 155.-

Cleansing - peeling - massage - mask - cream

« Vinotherapy » - 50 min. - sfr. 155.-

Grape-pip exfoliation and facial treatment

Cleansing - peeling - massage - mask - hydration - organic white grape juice

Facial treatment « Prélude Alpin – Alpeor » - 50 min. - sfr. 155.-

Thanks to this treatment, you will find a radiant and hydrated skin.

Cleansing - peeling - small extraction - light massage - purifying or youth mask - final hydration

Facial treatment anti-aging « Neiges éternelles – Alpeor » - 80 min. - sfr. 180.-

Cleansing (cleansing lotion and purifying mousse) - Peeling - extraction - anti-aging massage
youth mask - final hydration

Facial treatment Premium anti - aging « Ulticell – Alpeor » - 80 min. - sfr. 200.-

Cleansing (cleansing lotion and purifying mousse) - Peeling - light extraction
youth mask + neck massage - professional modeling mask « peel off » Ulticell - final hydration

Women: epilations

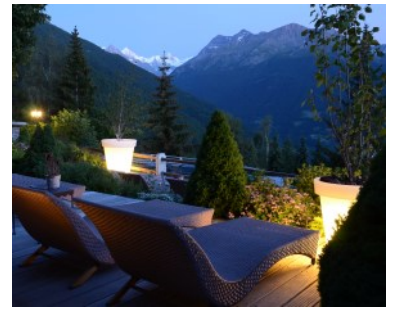
- Under arm (15 min.) sfr. 30.-¹⁾
- Bikini (15 min.) sfr. 30.-¹⁾
- Half legs (30 min.) sfr. 60.-¹⁾
- Half legs, under arm, bikini (50 min.) sfr. 115.-²⁾
- Full legs, under arm, bikini (80 min.) sfr. 150.-²⁾
- Superior lip with warm wax (15 min.) sfr. 20.-¹⁾
- Arm (30 min.) sfr. 60.-¹⁾
- Complete bikini (30 min.) sfr. 40.-¹⁾
- Full legs (45 min.) sfr. 90.-¹⁾
- With complete bikini (60 min.) sfr. 125.-²⁾
- With complete bikini (90 min.) sfr. 160.-²⁾

Women: coloring

- Dye of lashes (30 min.) sfr. 40.-¹⁾
- Dye of eyebrows, epilation included (30 min.) sfr. 40.-¹⁾
- Dye of lashes and eyebrows (40 min.) sfr. 60.-¹⁾

Foot and hand care

- « Alpine » foot care (50 min.) sfr. 120.-²⁾
⇒ Foot bath, cares (nails, cuticles, callosités), massage, polish nails
- « Alpine » hand care (50 min.) sfr. 120.-²⁾
⇒ Hand bath, cares (nails, cuticles), massage, polish nails
- Manicure (30 min.) sfr. 60.-¹⁾ (nails filling, cuticles, polish nails)
- Pedicure (30 min.) sfr. 60.-¹⁾ (nails filling, cuticles, polish nails)
- Polish nails, French (15 min.) sfr. 20.-¹⁾



Slimming cure with snow alga sfr. 344.-

This weekly offer includes :

- 2 slimming massage with essential juniper, sage and lavender oils (50 minutes each)
- 1 warm wrap « Slimming » Alpeor containing seaweed snow followed by a slimming massage with Alpeor massage gel (80 min)
- 1 wellness gift

Cure « Velvet Mountain » sfr. 322.-

This weekly offer includes :

- 1 relaxing massage with essential oils (50 min.)
- 1 Head, hands and feet massage (50 min.)
- 1 Ritual from Anniviers with scrub with yarrow flowers, glacial clay body wrap and massage with herbal flower pouches (110 min.)
- 1 wellness gift

« Delicatess » (for mums-to-be as well) - sfr. 193.-

This weekly offer includes :

- 1 relaxing massage with organic sesame oil (50 min.)
- 1 facial treatment « Prélude Alpin - Alpeor » (50 min.)
- 1 wellness gift

« Divin Vineyards » - sfr. 361.-

This weekly offer includes:

- 1 facial treatment « Vinothérapie » (50 min.)
- 1 energizing massage with river hot stones (80 min.)
- 1 Bacchus ritual with soft scrub, body wrap with grape seeds and massage with grape oil (80 min.)
- 1 wellness gift

« From the Vineyard to the Glacier» sfr. 624.-

This weekly offer includes :

- 1 scrub and salt body wrap (50 min.)
- 1 energizing massage with river hot stones (80 min.)
- 1 warm wrap « Slimming » Alpeor containing seaweed snow followed by a slimming massage with Alpeor massage gel (80 min)
- 1 facial treatment « Vinothérapie » (50 min.)
- 1 Ritual from Anniviers with scrub with yarrow flowers, glacial clay body wrap and massage with herbal flower pouches (110 min.)
- 1 wellness gift

Wellness break - sfr. 179.

A whole day just pampering yourself in a relaxing, serene environment. Including:

- Welcome and presentation of your relaxation basket containing bathrobe, towel, shower gel and slippers—coffee and croissant
- A light lunch in the Veranda-restaurant (choice of vegetarian menus) including mineral water and coffee
- 1 relaxing massage with essential oils (50 min.)
- Afternoon tea with a choice of plant teas and warm Tarte Tatin
- 1 wellness gift

« Wellness and Flavours evening» sfr. 86.-

For our non-resident guests, the perfect solution for a relaxing evening

- Free admission to the spa area with sauna, steam bath, ice fountain, jacuzzi and pool from 6 pm and presentation of your relaxation basket containing bathrobe, towel and slippers
- 3-course dinner at our restaurant

«Massage and Flavours evening» sfr. 159.-

For our non-resident guests, the perfect solution for a relaxing evening

- Free admission to the spa area with sauna, steam bath, ice fountain, jacuzzi and pool from 6 pm and presentation of your relaxation basket containing bathrobe and towel
- 1 relaxing massage with essential oils (50 min.)
- 3-course dinner at our restaurant